

## **Community Support Organizations**

**National Lewy Body Dementia Association:** [www.lbda.org](http://www.lbda.org)

**Dementia Alliance of NC:** [dementianc.org](http://dementianc.org) (919-832-3732)  
Dee Dee Harris - Family Services Director

**Duke Dementia Family Support Program (DDFSP):** [dukefamilysupport.org](http://dukefamilysupport.org)  
(919-660-7510)

**Central NC Project CARE** (Hosted by Duke Dementia Family Support Program)  
Project CARE is available in all 100 NC counties, but DDFSP only covers 19 counties in Central NC.

- [ncdhhs.gov/divisions/aging-and-adult-services](http://ncdhhs.gov/divisions/aging-and-adult-services)
- Caregiver education and support - 919-660-7510
- Respite care vouchers for up to \$500
- Patient must have dementia diagnosis and require 24/7 care

**Transitions LifeCare (formerly Hospice of Wake County):** [transitionslifecare.org](http://transitionslifecare.org)  
Nonprofit offering comprehensive palliative and hospice care for those with life-threatening illnesses.

**Resources for Enhancing All Caregivers Health (REACH):** [caregiver.va.gov](http://caregiver.va.gov)  
Veteran Affairs (VA) program to help decrease caregiver stress.

**Dementia Inclusive Durham:** [didnc.org](http://didnc.org)

**National Institute on Aging:** [nia.nih.gov](http://nia.nih.gov)

**NC Registry for Brain Health:** [ncbrainhealth.org](http://ncbrainhealth.org)

**CareYaya:** [www.careyaya.org](http://www.careyaya.org)  
College students in healthcare fields provide high-quality, affordable, convenient, personalized care for your family for days, nights, weekends, and overnights.

**Silver Linings for Seniors:** [silverliningsnc.com](http://silverliningsnc.com) – Professional counseling for seniors, caregivers, and loved ones.

**Dispatch Health:** ([dispatchhealth.com](http://dispatchhealth.com)) Provides affordable urgent care at home.